

# ORTHODONTIC CONSENT FORM



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Please read the consent form and initial and/or sign at the **indicated areas** below.

## **PATIENT'S INFORMED CONSENT & AGREEMENT REGARDING ORTHODONTIC TREATMENT AT SMILE POP**

Your doctor has recommended clear aligners for your orthodontic treatment. Although orthodontic treatment can lead to a healthier and more attractive smile, you should also be aware that any orthodontic treatment (including orthodontic treatment with clear aligners) has limitations and potential risks that you should consider before undergoing treatment.

### **DEVICE DESCRIPTION**

Clear aligners consist of a series of clear plastic, removable appliances that move your teeth in small increments. Clear aligner products combine your doctor's diagnosis and prescription with sophisticated computer graphics technology to develop a treatment plan which specifies the desired movements of your teeth during the course of your treatment. Upon approval of a treatment plan developed by your doctor, a series of customized clear aligners is produced specifically for your treatment.

### **PROCEDURE**

You may undergo a routine orthodontic pre-treatment examination including radiographs (x-rays) and photographs. Your doctor will take digital impressions of your teeth and send them along with a prescription to the dental laboratory. The technicians will follow your doctor's prescription to create a model of your prescribed treatment.

Upon approval of the treatment plan by your doctor, a series of customized aligners will be produced and shipped directly to your doctor. The total number of aligners will vary depending on the complexity of your malocclusion and the doctor's treatment plan. The aligners will be individually numbered and will be dispensed to you by your doctor with specific instructions for use. Unless otherwise instructed by your doctor, you should wear your aligners for approximately 20 to 22 hours per day, removing them only to eat, brush and floss. As directed by your doctor, you will switch to the next aligner in the series every week. Treatment duration varies depending on the complexity of your doctor's prescription. Some patients may require bonded aesthetic attachments and/ or the use of elastics during treatment to facilitate specific orthodontic movements. Many patients may require additional digital impressions and/or refinement aligners after the initial series of aligners.

### **BENEFITS**

- Clear aligners offer an esthetic alternative to conventional braces.
- Aligners are nearly invisible so many people won't realize you are in treatment.
- Aligners allow for normal brushing and flossing tasks that are generally impaired by conventional braces.
- Aligners do not have the metal wires or brackets associated with conventional braces.
- The wearing of aligners may improve oral hygiene habits during treatment.
- Clear aligner patients may notice improved periodontal (gum) health during treatment.

### **RISKS & INCONVENIENCES**